



TRAINING FOR PROFESSIONAL DEVELOPMENT



We are a multifaceted training company with centre status for ILM, OCR, BIIAB and NCFE as well as being a registered apprenticeship provider. Our goal is to provide outstanding training delivery methods, deliver an exceptional standard of quality and provide a world-class customer service, to benefit your organisation and all learners.



"I really enjoyed the content of this training, the balance between the presentation and activities was just right."

"We have all learned how to work more effectively together and get to know each other so that we can communicate more openly"

We offer the following workshops for professional development

Motivating Through Change

This training is designed to help individuals and teams effectively navigate and adapt to changes within an organization while maintaining high levels of motivation, engagement, and performance.

Confident Communicator: Mastering The Art Of Presenting

The aim of this course is to equip participants with the fundamental skills and tools that will enable them to plan, prepare and deliver effective presentations in a range of situations/contexts.

Delegate To Elevate: Enhancing Productivity Through Time Management

The aim of this training session is to equip participants with the knowledge and skills to delegate tasks effectively, manage their time efficiently, and ultimately enhance their productivity and success in their professional roles.



From Insight To Empowerment: Increased Self Awareness

This session aims to help leaders develop a deep understanding of their own strengths, weaknesses, values, and behaviours. This awareness then translates into improved decision-making, better interpersonal relationships, and more impactful leadership.

How To Be Assertive And Say No

The aim of this course is to equip participants with the skills, tools and techniques to assert themselves and say “No” confidently and effectively with others to influence successful relationships and outcomes.

Leading And Developing A High Performing Team

The aim of this course is to provide participants with the necessary knowledge, skills, and tools to effectively lead and cultivate a high-performing team

Our workshops can be delivered on-line or in person, and can be tailored to fit your needs

Managing Challenging and Difficult Employees

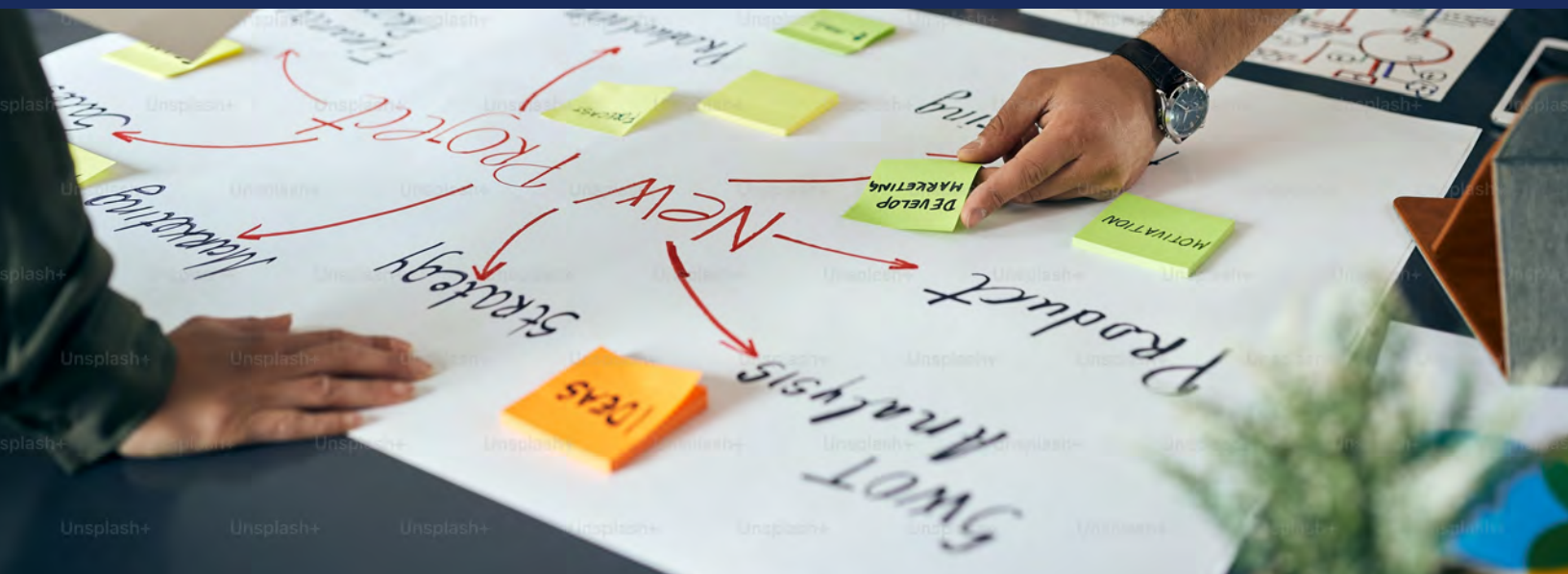
This training is designed to help individuals and teams effectively navigate and adapt to changes within an organization while maintaining high levels of motivation, engagement, and performance.

The Power of Influence: Training for Effective Negotiators

The aim of this course is to enable participants to develop the positive influencing styles and behaviours that will enable them to strengthen their communication and relationships with key stakeholders and influence better outcomes. It will also support participants with recognising when and how to successfully negotiate with colleagues, clients and others.

Making The Transition From 'Mate' to Manager

The aim of this training is to assist individuals who have recently been promoted from individual contributor or team member roles to managerial positions. The transition from being a peer or colleague to a manager involves a significant shift in responsibilities, skills, and mindset.



Delivering Projects with Excellence

This training is to equip individuals and teams with the knowledge, skills, and tools necessary to successfully plan, execute, and complete projects to the highest possible standards.

How To Be A Leader

The main aim of "How to be a Leader" training is to equip individuals with the knowledge, skills, and mindset necessary to effectively lead and inspire others.

Managing Through Coaching: Unlocking Potential

The aim of the course is to help managers develop a coaching approach to help maximise staff potential and improve performance.

Please contact us for workshop availability and pricing.
Workshops vary in length from half day to full day.

Building a Coaching Culture

The aim of this course is to enable participants to develop a clear understanding of the concept of a coaching culture, what it involves, possible barriers, models and techniques to implement a working strategy.

Coaching For Success: Unleashing Individual and Team Excellence

The aim of the course is to help managers support through coaching individuals and teams to work more effectively, challenge behaviours and improve performance.

Career Motivation: Insights from Theoretical Perspectives

The aim of the course is to help career practitioners understand the main theory relating to career development, motivation and change and how they impact on client decision making and focus.



The Art of Effective Client Engagement and Interviewing

The aim of the course is to cover the process, skills and structure of a career development interview applying Egan's Three Stage Model. This will include learner's current experience and help to develop their understanding of its significance when working with varied client needs.

Leading and Empowering Groupwork Skills

The aim is to cover the process, skills and structure of a career development group work session. This will include learner's current experience and help to develop their understanding of session planning, classroom management and evaluation.

Reflective Practice: Fostering Growth and Continuous Learning

The aim of the course is to cover different methods and models of reflective practice, how they can be used for study purposes and within the workplace to develop knowledge, self-awareness and skills.

The Institute of Leadership Endorsed - Team Leader Programme

This programme consists of 4 full-day workshops, typically run over four months.

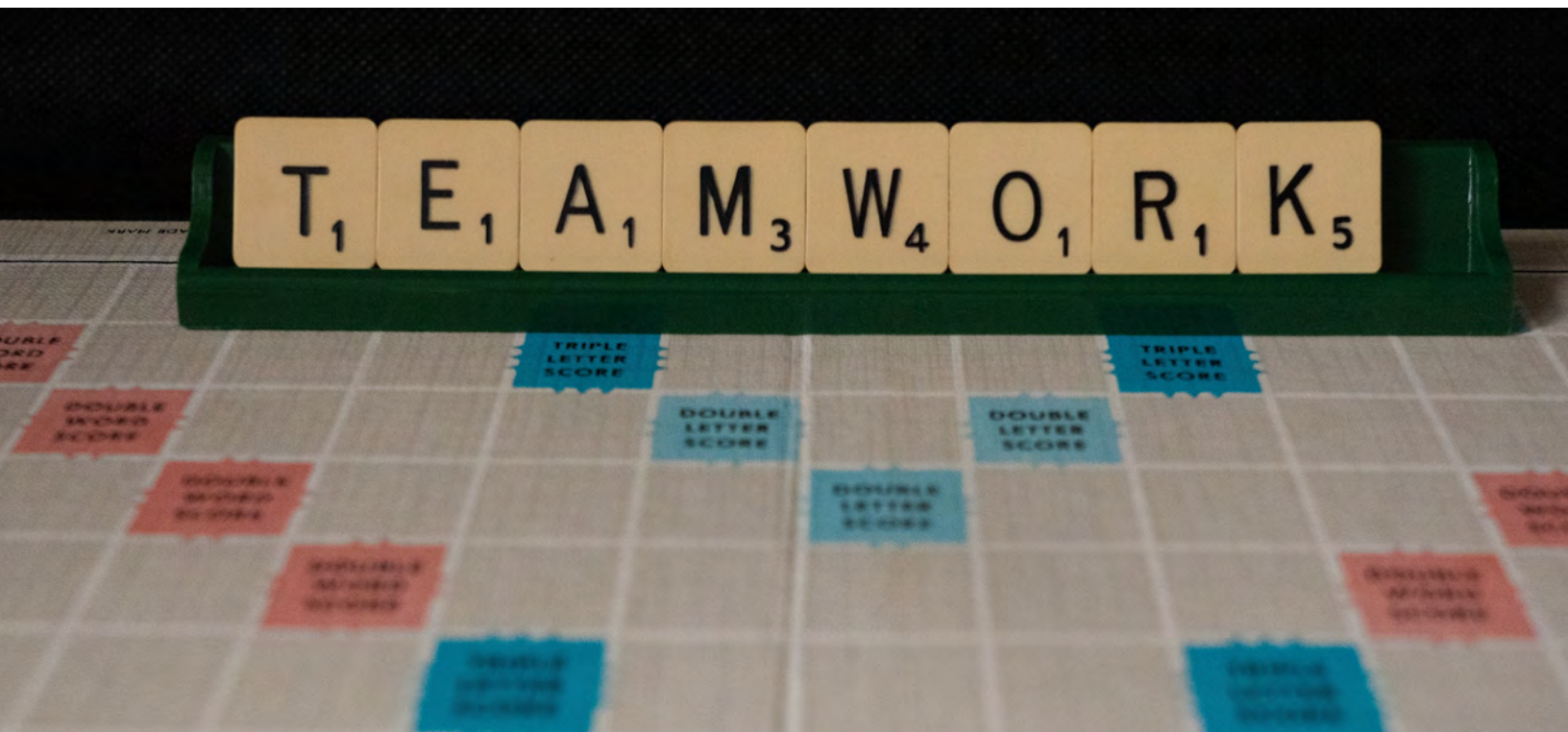
The aims of the programme are as follows:-

- Understanding the roles and responsibilities of a team leader
- Understanding performance management
- Understanding the principles of motivation and well-being
- Understanding the communication skills required as a team leader

This programme is certificated by The Institute of Leadership.

"Fantastic course! I feel I will take a lot from this."

"This course will help me challenge employees in the right way in conflict situations"





AC Training
Upton Magna Business Park, Shrewsbury, SY4 4TT
Tel: 0333 444 2467
Email: support@ac.training

